



KALIMANTAN 2024

16th Subud World Congress



16TH SUBUD WORLD CONGRESS 2024

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Brothers and sisters, as Bapak always says, a congress of the Subud Spiritual Association is not like an ordinary congress of other associations, because this is a congress of a community of human beings who worship Almighty God. For this reason, no matter what we discuss in the congress, we should not lose the peace and tranquillity of our inner feeling and, to some extent, we will feel the guidance of Almighty God. Therefore Bapak hopes that during the congress you will feel patient, calm, at peace and aware of yourself, not distracted by all manner of thoughts and imaginings. This is important, so that everything you discuss in the congress will follow what God wills. Then it will go smoothly, in an atmosphere of peace and calm, accompanied by a true family feeling.

*Bapak's Talks, Volume 31, Talk # 10, Page 175 -179
Code Number: 70 PAR 1
Paris, France - August 1, 1970*

WELCOME TO KALIMANTAN

Dear Brothers and Sisters,

The World Subud Association (WSA) and the World Congress Organising Team (WCOT) are very happy to welcome each one of you here in Kalimantan for the 16th Subud World Congress. We are deeply grateful to Almighty God for allowing us to be reunited after such a long time, and to Y.M. Bapak for opening the way and guiding us in our Subud journey.

As we gather in this special place, chosen by Bapak for us to give us the opportunity to put into practice our closeness to the Power of Almighty God, let us reflect on the blessings that surround us and the purpose that brings us here. This congress presents us with an opportunity to be one before Almighty God, a platform for growth, and a testament to our collective commitment to serve humanity.

Let us embrace the challenges that we may find as opportunities for introspection and acceptance, understanding that they are integral to our journey within Subud. Together, may we navigate these challenges with unwavering trust in the One Almighty God, emerging stronger and more connected than ever before.

May this congress be a facilitator for positive change, unity, and a platform for the development of Subud in the world.

Welcome, dear brothers and sisters, to our journey in Kalimantan!

With love and respect,

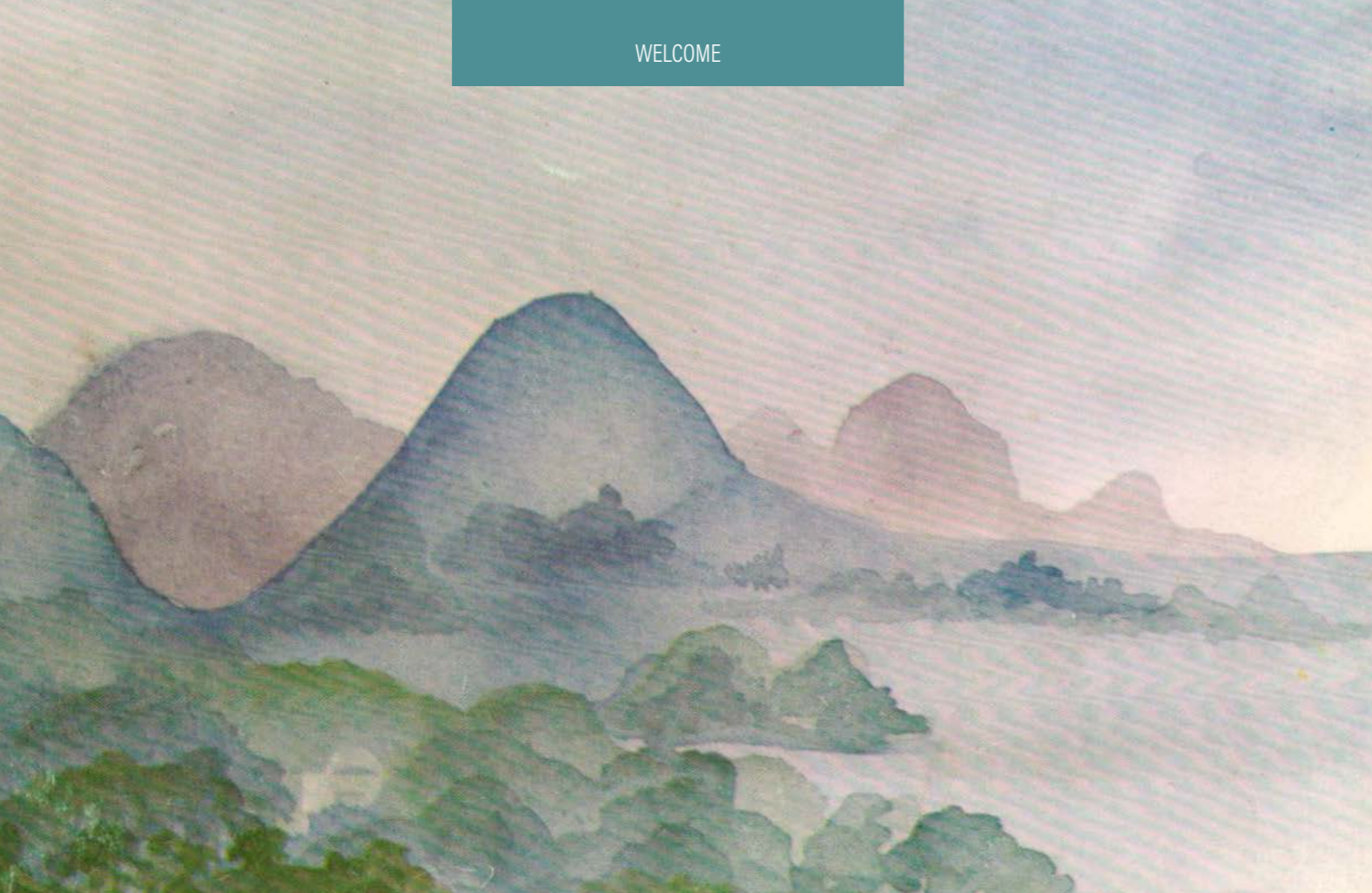
Suyono Sumohadiwidjojo
WSA Executive Chair



Rusdi Bustillo
WCOT Coordinator



“As we gather in this special place, chosen by Bapak for us to give us the opportunity to put into practice our closeness to the Power of Almighty God, let us reflect on the blessings that surround us and the purpose that brings us here.”



FROM BAPAK

To the Subud Members at the Fourth International Subud Congress in Tjilandak Djakarta.

Brothers and Sisters,

Bapak gives thanks to Almighty God that through His Grace we are truly able to hold the Fourth International Subud Congress here in Tjilandak, Djakarta, Indonesia.

Bapak thanks the organising committee very much for the efforts they have made in completing everything in a way that fulfills the requirements of the Congress, even though these requirements seem very simple.

These are Bapak's words to all of you. Further, Bapak feels it necessary to give the following short message to you all:

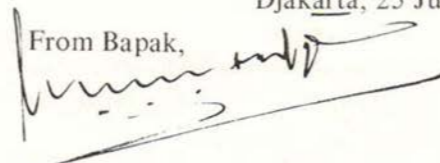
As Bapak usually says, this congress of ours is not like a congress held by other organisation: but is a congress of Subud brothers and sisters who are all following the way of the latihan kedjiwaan, which is in reality guidance and direction from the power

of Almighty God. For this reason, Bapak hopes that in whatever you have to discuss during the congress your inner feeling should not be easily influenced by the nafsu (passions) which make you have the desire to win and to claim that your own will is right.

It is clear that before you begin your discussions at the Congress, it is necessary for you to have an inner feeling that is calm and peaceful. This is necessary so that everything can be discussed in a good way and in a calm atmosphere with a full feeling of brotherhood.

Finally Bapak prays that through the Grace of Almighty God this congress can go well and have a successful result that will be beneficial for all Subud members.

Djakarta, 25 June 1971.

From Bapak,


Bapak: Muhammad-Subuh Sumohadiwidjojo

KUNANTI

Tinengranging Pudji Sjukur,
 Wisma-Subud adeg neki,
 Jeku donning pra siswanja,
 Kang samya bakti mring Gusti,
 Gusti Allah kang kwasengrat,
 Kang ngliputi mring sakalir.

Adegira Wisma-Subud,
 Donning salir pra sudjanmi,
 Salir bagsa lan agama,
 Kang samya nunggil pangesti,
 Ngesti pasrah twakal ichlas,
 Karseng Allah Maha Sutji.

De adegnja Wisma-Subud,
 Saking nugraheng Illahi,
 Pan kalakyan djroning warsa,
 Sewu sangang-atus luwih,
 Pitung-dasa lan satunggal,
 Neng Tjilandak den pengeti.

Ditandai dengan pudji sjukur,
 Berdirinja rumah Subud,
 Rumah pusat bagi seluruh warganja,
 Jang melakukan bakti kepada Tuhan,
 Ialah: Tuhan Jang Maha Agung dan Kuasa,
 Jang kuasaNja meliputi seluruh alam semesta.

Demikianlah berdirinja rumah Subud,
 Tempat pusatnja para ummat manusia,
 Dari berbagai bangsa, negara dan agama,
 Dalam mempersatukan arah tudjuannja,
 Dengan sabar, tawakal dan ichlas,
 Menjerah kepada kehendak Tuhan J.M.E.

Adapun berdirinja rumah Subud,
 Atas kemurahan Tuhan J.M.E.
 Terlaksana dalam tahun,
 Seribu sembilan ratus,
 Tudjuh-puluh satu,
 Di peringati dan tertjatat di Tjilandak.

Kinanti

Sealed with grateful praise to God,
 stands this Subud house:
 central home for all its members
 who worship the One Almighty God.
 God All-Glorious. All-Powerful,
 Whose Power envelops the universe.

This Subud House stands
 as a center for all people,
 from every race, land and religion,
 making one their aim:
 in patience, trust and sincerity
 surrendering to the Will of Almighty God.

The building of this Subud House,
 by the grace of Almighty God,
 was carried out in the year
 one thousand, nine hundred
 and seventy-one:
 commemorated and celebrated in Tjilandak.

This is an unofficial, line-by-line English rendering of Bapak's own Indonesian translation of the Javanese verses he wrote for the new Latihan Hall.

The Meaning of Kinanti

At a meeting of the Congress Organizing Committee, Bapak sang these stanzas of Kinanti.

Bapak gave an Indonesian translation which Usman interpreted. And Bapak also demonstrated the meaning of the word Kinanti.

Bapak stood and walked.

'This is Kinanti,' he said. 'As we fulfill our duty to walk through our legs, so we may fulfill our duty to worship God through this Latihan Hall of Wisma Subud.'

Kinanti, then, is the means appropriate for carrying out any purpose.

ONE CONGRESS

“Limiting separate and competing activities is part of the ‘One Congress’ receiving by our dewan.”

‘One congress’ doesn’t mean that we all have to be in the same place all the time, but it does mean that we all have ONE aim and purpose at World Congress, which is to strengthen and support the development of Subud and the Latihan.

This means that World Congress is not about individual needs or agendas, but it really is about worshipping together ‘as one’ in everything we do.”

THE DEWAN OF INTERNATIONAL HELPERS
(2018-2024)

CONGRESS PROGRAMME

The programme for the 16th Subud World Congress has been developed to give everyone the possibility of experiencing togetherness as an expression of the latihan in everything we do: delegates and non-delegates; business and kejiwaan; wing activities, projects and entertainment.

In this section you can find an overview of the main programme elements:

KEJIWAAN

DELEGATES

MUHAMMAD SUBUH FOUNDATION

WINGS

FAMILY

OPENING CEREMONY

CONGRESS SCHEDULE

At the time of going to press, the Congress schedule is still being finalised. As such, the following is a general guide and is subject to change.

Please be sure to check the final daily programme that will be available each day via the Congress WhatsApp Community, and on display at the venues.



**JOIN THE CONGRESS
WHATSAPP COMMUNITY!**

FIND MORE DETAILS ON ABOUT HOW
TO JOIN ON PAGE 41.



KEJIWAAN PROGRAMME

Summary

WHOLE CONGRESS KEJIWAAN ACTIVITIES

DAY 1 - Friday 19th: Opening day talk 70 PAR 1

DAY 2 - Saturday 20th: Kejiwaan Day

Morning: latihan and testing for women + talk for men

Afternoon: latihan and testing for men + talk for women

Talk: Bapak's talk 81 LAX 5

DAY 3 - Sunday 21st: Latihan - Women 8pm / Men 9pm

DAY 5 - Tuesday 23rd: Latihan - Women 8pm / Men 9pm

DAY 7 - Thursday 25th: Latihan - Women 7.30pm / Men 8.30pm

DAY 9 - Saturday 27th: Kejiwaan Day

Morning: latihan and testing for men + talk for women

Afternoon: latihan and testing for women + talk for men

Talk: Ibu Rahayu's talk 11 BGZ 1

DAY 11 - Monday 29th: Latihan - Women 9am / Men 10am

There will also be additional kejiwaan activities such as special latihans. You can find details of these in the Congress Schedule (pages 28 - 32).

"We felt the general Latihan should take place every other day ... This is because of the special character of the place. It seems that every activity will have a deep feeling of worship."

THE DEWAN OF INTERNATIONAL HELPERS

MESSAGE FROM THE INTERNATIONAL HELPERS



ALL 18 INTERNATIONAL HELPERS AND THE WSA CHAIR IN PORTO, JUNE 2022.

FROM LEFT TO RIGHT: HARINA EASTY, MARIAM TIKALE, KAMILIA KONRAD, ROHMANA FRIEND, HERMINA FLYNN, ISTI SUMOHADIWIDJOJO, HALINAH RIZZO-BUSACK, ILLENE PEVEC AND JOAN FROMME. MEN FROM LEFT TO RIGHT: HUSSEIN RAWLINGS, ALAN BOYD, KOHAR PARRA, VALENTIN PIZZI, HUMPHREY WILLIAMS, BENEDICT HERMANN AND HOWARD RAY. FAR BACK: MADJI SUMOHADIWIDJOJO, NAHUM HARLAP, YADI SUMOHADIWIDJOJO

The dewan of international helpers will arrive in Kalimantan one week before the start of World Congress. We will be staying all together at the Rungan Sari Resort and will use this time to prepare ourselves for the big task that is awaiting us during congress.

Much of our time at congress will be spent on testing with candidates for international roles during the coming term.

We will also offer the Kejiwaan Days, which are planned for 20th and 27th July. These two days are for the general membership and will take place in the Swiss-Belhotel (20th July) and in Rungan Sari

(27th July). No other official delegate activities will take place during those two days. There will be a cultural programme in the evening.

Testing sessions for the new WSA Chair and WSA Executive (ISC) Chair, new Wing Chairs and the location of the next World Congress, will take place in plenary sessions open to all the members. The testing for MSF trustees will take place before the start of congress and will be witnessed by the existing MSF trustees and the Zone Representatives. The testing for the new International Helpers will be in a closed session (not open to the membership). Appointed officers will be presented in one of the plenaries during congress.

There is a close cooperation between ourselves and the national delegates in the appointment process of new international officers (the WSA chair, the executive (ISC) chair, and the chair of each wing). The procedure is that delegates will receive information about the candidates and proposed World Congress locations giving them the chance to ask questions or raise any outstanding issues before the actual testing starts.

The testing sessions will then take place in front of the delegates. If the testing results are not clear to the delegates, we will do further testing until we all feel clear and united about the receiving. Testing will be followed by recommendations from our dewan for approval. The delegates will then vote and approve that the Subud process has been followed, witnessed and completed.

Limiting separate and competing activities is part of the 'One Congress' receiving by our dewan. 'One congress' doesn't mean that we all have to be in the same place all the time, but it does mean that we all have ONE aim and purpose at World Congress, which is to strengthen and support the development of Subud and the Latihan. This means that World Congress is not about individual needs or agendas, but it really is about worshipping together 'as one' in everything we do.

Brothers and sisters, as we said in the message to you all after our meeting in Porto in 2022, which also explains why it is recommended not to do daily latihans, but rather every other day:

"We felt the general Latihan should take place every other day, simultaneously if possible. If not, women should do Latihan first, followed by men. This is because of the special character of the place. It seems that every activity will have a deep feeling of worship."

We pray for all of us to be guided through the Latihan in all that we do and we wish you a blessed congress.

With love,
The Dewan of International Helpers

THE HELPERS' DESK

The Helpers' Desk is formed by a dewan of helpers from around the world and our purpose at World Congress is to support attending Subud members with personal testing and inner support.

If you have a need for personal testing or small group testing, please go to the helpers' desk where you will be assigned a space. There will be helpers there to test with you as needed.

The Helpers' Desk is also available for those just needing a quiet place or have questions or experiences to share.

We will have someone at the desks after latihan, and during the times the rooms are open. This will be the place volunteer helpers will wait and then test with members or small groups as needed. Please refer to the venue maps (pages 36-39) for the locations of the Helpers' Desks. The Helpers' Desk will not be open during the kejiwaan days or during the general testing for officers for the coming term.

For those helpers who have not yet signed up to volunteer, please stop by the helpers desk. Volunteering will be limited to the days and times the Helpers' Desk will be open (a couple of hours or so per shift).

DELEGATE PROGRAMME

Summary

DAY 0 - Thursday 18th: Delegate latihan

DAY 1 - Friday 19th: First delegate meeting (morning)
Establishing quorum; agreeing agenda; proposals discussions

DAY 3 - Sunday 21st: Plenary sessions (morning and afternoon)
WSA Chair report; testing for WSA Chair; presentations and testing of 2028 World Congress location; proposals discussions

DAY 4 - Monday 22nd: Delegate meetings (morning and afternoon) and plenary session (afternoon)
Proposals discussions; Wings & Affiliates reports

DAY 5 - Tuesday 23rd: Plenary sessions (morning and afternoon)
WSA Executive and sub-committee reports; testing for WSA Executive Chair; proposals discussions; testing for international Chairs and Coordinators

DAY 6 - Wednesday 24th: Delegate meeting (morning)
Proposals discussions

DAY 7 - Thursday 25th: Delegate meetings (morning and afternoon)
Proposals discussions

DAY 8 - Friday 26th: Delegate meetings (morning and afternoon)
Proposals discussions

DAY 10 - Sunday 28th: Delegate meeting (morning)
Proposals discussions

DAY 11 - Monday 29th: Final plenary session and recap (afternoon)

See the Congress Schedule for further details (pages 28 - 32). Please note, the specific proposals to be discussed in each meeting may be subject to change, and are subject to the time available, particularly during plenary sessions.

The delegates programme is at the core of every world congress, as it decides on policies for the development and successful functioning of our organisation.

DELEGATE WELCOME

The plenary sessions and delegate meetings are open to all – not just delegates – and your presence will be most appreciated!!

The 16th Subud World Congress is warmly welcoming delegates from 40 countries around the world.

We are very grateful to all those who made the effort to travel to Kalimantan and represent their country at this important event.

We also would like to express our deep gratitude to everyone who supported the fundraising campaign to enable the attendance of delegates in need of sponsoring.

The delegates programme is at the core of every world congress, as it decides on policies for the development and successful functioning of our organisation. Apart from that, the delegates appoint new international office holders who represent the membership between world congresses and who will be responsible for carrying out decisions during the coming term.

The WSA Executive office organised online pre-congress meetings in the lead up to congress. This has given delegates the opportunity to give and receive feedback on proposed resolutions and recommendations that will be discussed and voted on during congress. It is hoped that these preparatory meetings, which were well attended, will be beneficial to proceedings. However, the real process will take place during congress in our plenary and delegate meetings, which are open to all members and observers.

The programme for delegates is a combination of kejiwaan and business meetings, and starts on July 18th with Latihan in the evening, accompanied by the international helpers.

The first plenary session will take place on July 19th in the morning where the congress agenda will be discussed and quorum can be established.

We hope that the aim of 'One Congress' is reflected in the programme by avoiding competing activities, in order to give everyone the possibility of experiencing togetherness as an expression of the latihan in everything we do: delegates and non-delegates; business and kejiwaan; wing activities, projects and entertainment; all important and all 'as One', in our beautiful diversity.

The programme will be updated daily and inevitable last minute changes will be announced through the Congress WhatsApp Community channel and other media.

We wish you a very blessed and happy congress!

From the WSA Executive Team

Suyono Sumohadiwidjojo
WSA Executive Chair

Pudji Purbo
WSA secretary

Hannah Baerveldt
WSA Treasurer

MUHAMMAD SUBUH FOUNDATION

MSF is your Subud Foundation: Join in at Congress!

The Muhammad Subuh Foundation (MSF) will have a vibrant presence at the World Congress in Kalimantan and welcomes everyone to join in.

Over the past few years, the trustees and staff of MSF have tried hard to strengthen the connection between MSF and Subud members around the world. MSF is quite literally a foundation for all of us in our global Subud community, because it supports three things that directly impact our experience of the Latihan Kejiwaan: Subud houses, travel of the International Helpers, and the preservation of Bapak's and Ibu's talks through the international Archives.

As you know, MSF was created to honour Bapak and his mission more than 30 years ago. Its mission and purpose are the same today: to build and sustain a lasting financial capacity to benefit the long-term growth of Subud and continuance of Bapak's mission.

The main goal at World Congress is the appointment of new trustees for the foundation, as five trustee terms are coming to an end. The International Helpers will test all the candidates, and the Directors of the World Subud Association will officially appoint the new trustees.

We thank all the candidates who are arriving a day early for this testing, which will take place before the Congress officially begins. This MSF session will be limited to those directly involved, as will sessions that involve testing with new trustees about their roles and responsibilities, but every other session will be open to all who wish to attend. The testing and appointment of a new MSF chair will take place during one of the Congress plenary sessions.

There will also be several orientation sessions for new trustees on issues such as investment strategy, endowments, financial record-keeping, legal obligations, and policy. These will be open to all members, and we hope you will attend and come with questions!

See the congress schedule on pages 28-32 for details of when our meetings, presentations and workshops will be held. You can also use the QR below to access the MSF congress programme.

Safe travels to all who are coming, and sending wishes of peace and good health to all our Subud sisters and brothers around the world.

Elaina Dodson
MSF Vice Chair



SCAN THIS QR CODE TO ACCESS MSF'S CONGRESS PROGRAMME

<https://qrcc.me/sf2wvezp6kio>

MSF SCHEDULE

58 SUBUD GROUPS GRANTED

Around The World, Since 1991



WINGS PROGRAMME

Summary

MAIN EVENTS & ACTIVITIES

DAY 2 - Saturday 20th: Memories of Bapak - for youth, open to all (evening)

DAY 4 - Monday 22nd: Wings Reports (afternoon plenary)
Classical music performances (evening)

DAY 5 - Tuesday 23rd: Testing for Wing Chairs & Coordinators (afternoon plenary)

DAY 6 - Wednesday 24th: Wings activities at the Subud Village (morning & evening)
Suggested theme: Environment & Sustainability
The Kalimantan Story (afternoon)
Memories of Bapak - videos (evening)
Music Café (evening)

DAY 7 - Thursday 25th: Wings activities at the Subud Village (all day)
Suggested theme: Learning, Education & Child Development
BFIF sports centre opening ceremony (afternoon)

DAY 8 - Friday 26th: Wings activities at the Subud Village (all day)
Suggested theme: Health, Nutrition & Wellbeing
Youth jungle excursions (morning and afternoon)
Youth Soccer & Volley Ball Tournaments (afternoon)
'Peace One Day' performances

DAY 9 - Saturday 27th: Music Café (evening)
SDIA interviews GHF

DAY 10 - Sunday 28th: Projects & Wings Presentations (afternoon)
Entertainment (evening)

See the following pages and the Congress Schedule for further details (pages 28 - 32).

Our concept is not to separate our activities and discussions, but to bring all the Wings together.

WINGS ACTIVITIES

The overarching concepts at the heart of all our Wings activities during the Congress, are: LATIHAN AT THE CENTRE, INTEGRATION, and NETWORKING.



During days 6 - 9 at Rungan Sari, the heart of our 'Subud Village' will be the Latihan Hall. Join us there for casual discussions and to connect with members engaged in Wing activities around the world.

CULTURAL PERFORMANCES & ENTERTAINMENT

During the Congress, a variety of cultural performances will be held. We hope that these performances can unite us all in feeling and spirit, so that our aim of having a 'One Subud' Congress can be achieved :) We can't wait to see you all there!



CLASSICAL MUSIC



Classical Music Night will feature some of our talented Subud brothers and sisters. There will be solo and duo performances - singing, violin, guitar and piano.

MUSICafe 

There will be two 90 minute curated open mic sessions for sharing and celebrating the musical and creative talents of Subud members from around the world. Come join us for performances in folk music, dance, piano, and more!



PEACE ONE DAY

POEMS FOR PEACE AND OPEN STAGE / CONCERTS

The SICA initiative *Poems for Peace - Peace One Day* inspired us to this project at World Congress. Every year on September 21st is the international 'Peace One Day', which SICA joined for the first time in 2012, moving Subud members and their communities worldwide to participate.

Peace is a daily, life-long quest. We want to take the opportunity of having so many people from different countries gathering for World Congress to lay the seeds for peace. Our international Subud community reflects an extraordinary diversity of cultures, languages and religions.

Peace in all its multifaceted aspects will be the theme: peace within ourselves (the core place to start), peace within our family, our community and our neighbouring countries.

Peace can be expressed in so many ways - we will focus on words and music - and encourage painters and photographers and filmmakers to contribute as well. We want to give space to explore our talents and express our connectedness in many different ways, fostering peace and true harmony, a message to be taken home.

THE KALIMANTAN STORY



In 1980, at the age of 79, Bapak, his wife Ibu Mastuti and several Subud members, travelled to Central Kalimantan. Bapak felt that the time was right to begin to explore the possibilities of bringing this project to fruition, which would benefit us all.

A key project included an international Subud Centre and community near the city of Palangka Raya to support enterprises and projects throughout Central Kalimantan for the benefit of Subud and local communities.



There will be a lively presentation of the development of Subud in Kalimantan from some of the residents of Rungan Sari and project leaders, to help give visitors a wider understanding about this special place. It reflects the different Wings in action over several decades in all their endeavours including projects, enterprises and cultural activities.

It will be an opportunity for congress participants to ask questions of the community and project's representatives, and for the whole of congress to witness the efforts and courage with which Subud members have been carrying out their latihan in their lives in Kalimantan. If time allows, afterwards participants will be given short walking tours around Rungan Sari. A video presentation is being compiled to support this event.



BORNEO FOOTBALL SPORTS CENTRE

OPENING CEREMONY & 10 YEARS ANNIVERSARY



The Borneo Football International Foundation (BFIF) was established in 2014 in Central Kalimantan, Indonesia. Using football as a tool for social change, its mission is to improve the quality of life of disadvantaged children in the region. Currently, BFIF serves nearly 3,000 children through its three complementary programmes: Football, Education, and Health & Nutrition.

BFIF is developing its own facilities on seven hectares of property with the support of many donors including the Susila Dharma International network. The Borneo Football Sports Centre includes several soccer fields, a multifunctional hall of 950m² and dormitories with capacity for up to 45 people.

The Opening Ceremony of the Sports Centre will take place on July 25th (afternoon) and Subud members from around the world are invited to attend this special occasion.



PROJECTS & WINGS PRESENTATIONS

The afternoon of 28th July (Day 10) at the Swiss-Belhotel will be dedicated to projects and wings presentations. These presentations will share insights into the inspiring work of dedicated members across the world.

This will include projects such as the Community Learning Centres in DR Congo. SDIA, together with our brothers and sisters from DR Congo, will present an account of their work to get these centres completed and opened, which have been made possible by substantial grants from the Canadian and German governments, along with contributions from the SD network.



SDIA GUIDED PROJECT VISITS

Participate in an SDIA project visit and guided tour to learn first-hand from the Subud members that are providing education, nutrition, healthcare, and improved livelihoods for local communities while caring for the natural environment. See pages 44 - 45 for more details.

THE SUBUD VILLAGE

Presentations, workshops, and more, hosted by SDIA, SESI, SICA and SIHA.

INTEGRATION AND NETWORKING

In line with our theme of integration of the Wings and provision of networking space for serendipitous encounters, we have large tables and chairs; we have casual meeting areas; we have the café on the front terrace for informal meet-ups; we have office space for each Wing (for more private meetings); and finally we will have large air-conditioned marquees.

A PARTICIPANT-LED PROGRAMME

Some larger meetings have been proposed, the Venture Capital's Shark Tank and SEA's presentation, for instance, however our programme depends on you - the Congress participants!

We have someone wanting to talk about working for the UN and encouraging young members to consider it; women in business; and there's someone who wants to address the topic of side-hustles! Anyone else? Please let us know at sesi.cochairs@subud.org

ROUND TABLE DISCUSSIONS

Make a booking for a table or venue for your discussion, mentoring, sharing experience or networking idea! Contact sesi.cochairs@subud.org

'OPEN-MIC' PANELS & SPEAKERS

The Wings plan a series of late afternoon 'open mic' panel sessions while the Congress is in Rungan Sari, which will be held in the large marquee. During these sessions 3 or 4 speakers are invited to share their experiences. Led by a moderator, each session will be short, but will be followed by time for the guest speakers and audience to network - drinks and snacks will be served! Ask that question you couldn't ask in the session, make personal connections with the speakers or share your own observations with other members of the audience. Not to be missed!

WING CONTACTS

SESI Gaye Thavisin & Hammond Peek
sesi.cochairs@subud.org

SDIA Vincent Mount
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SICA Rusydah Ziesel
rusydah@subud-sica.org

SYAI Felix Prieto
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SIHA Albatina Phillimore
albatina.phillimore@subud.org

EXPRESS YOURSELF WORKSHOPS

There will be space for workshops such as:

- ◆ Singing
- ◆ Dancing
- ◆ Playing
- ◆ Improtheater
- ◆ Fooling
- ◆ Clowning

And many more....

WORLD CAFÉ

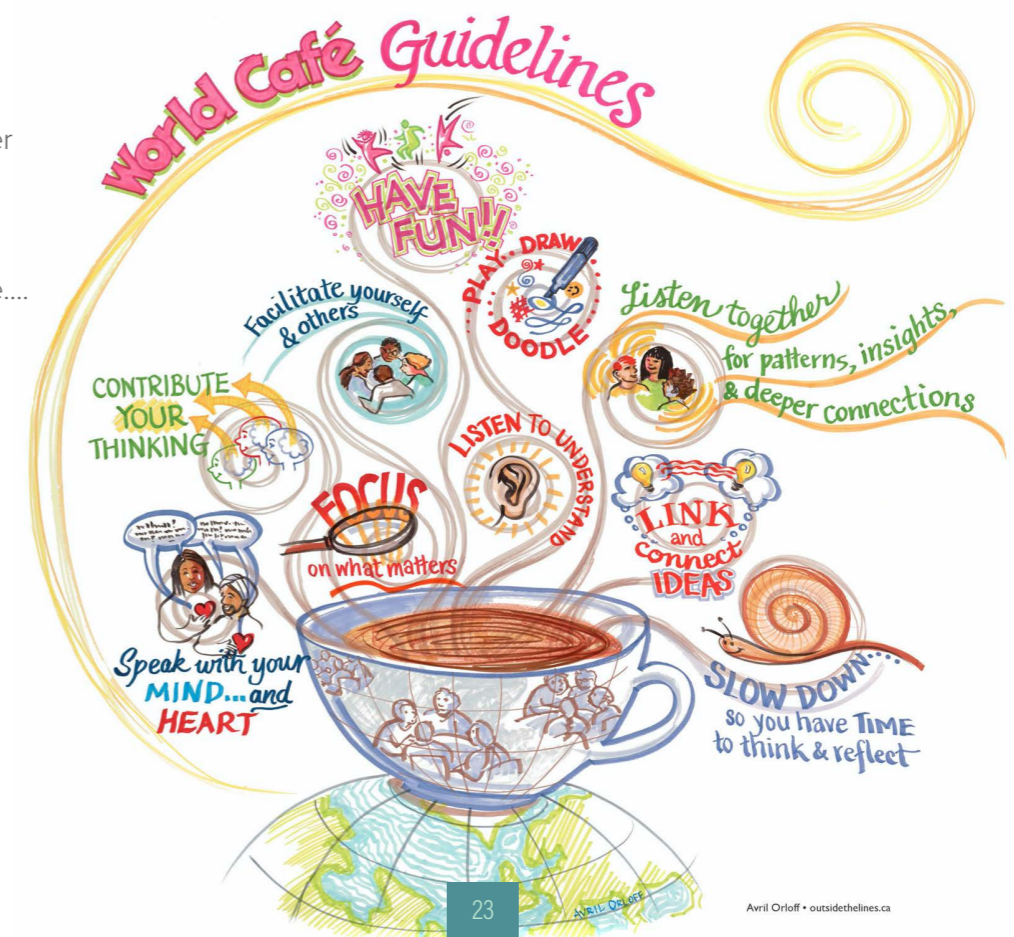
At the 'World Café' the aim is to create an atmosphere that invites informal discussions on a specific topic.

Each table has a question and a host. Guests are invited to scribble and paint their ideas on the paper tablecloth. The participants change tables after a certain time. The host gives a short summary at each change to the new group, and ideas from previous discussion rounds are passed on.

Here are some ideas for sharing at the tables:

- ◆ *What kind of culture have we created within Subud?*
- ◆ *What kind of culture do we want to create? How do I feel in this perfect culture within Subud?*
- ◆ *What do we need to change to get there?*
- ◆ *What helps me to express my culture?*

Interested in hosting a table? Please contact: rusydah@subud-sica.org



SIHA SERVICES



We are pleased to offer members the following services during Congress:

SECOND AID



Service offering supplies to aid recovery from minor injuries & illnesses for members.

A mobile phone has been purchased for this sole purpose.

Our contact number is +6287713746777.

Members may message anytime, but calls will only be taken at specific times throughout the World Congress:

6am – 7am; 12pm – 2pm; 9pm – 10pm

HEALTH PRACTITIONER MEETINGS

An opportunity to meet and share our journeys, find support and discuss practical ideas for Projects through our Registered Charity. These will be held each morning on Days 6 - 8 in the SIHA Room 13 in the Latihan Hall from 9:30am - 11am.

MANUAL THERAPIES

Available during Days 6-9 at BCU in Rungan Sari. These will be given by Indonesian members (+ other non-Subud therapists if needed). Physiotherapy and massage only.

PRESENTATIONS

Anyone is welcome to give a presentation on their experiences in giving healthcare during Days 6-9 in Rungan Sari. Please contact us if you would like to give a talk:
albatina.phillimore@subud.org



SUBUD YOUTH ACTIVITIES INTERNATIONAL

Nearly a quarter of registered Congress participants are 35 or under!

In the countdown to the 16th Subud World Congress in Kalimantan, the feeling of anticipation and preparation has been palpable. Whispers suggest that this congress is sure to be special, though also challenging. It is also one of the most anticipated congresses after its postponement due to the pandemic, and we've all been waiting expectantly for its arrival.

As Kalimantan is the location of this congress, it has been hinted that this event is especially fitting for Subud youth, given the more challenging conditions of the location which add an adventure factor – and as we know, most young people are known for loving adventure. Additionally, there is an increasing awareness and concern that if Subud youth don't become actively involved, then what will become of Subud?

The older members who will participate in this 16th Subud World Congress and who were present while Bapak was alive will not be here forever, making the opportunity for young Subud members to connect and share with these people especially important for the continuation of Subud in the world. It will be an opportunity for the younger and older generations to share experiences, ask questions, and do latihan together as Subud brothers and sisters.

SYAI is actively involved in helping young members get to Congress and encouraging them to test for Subud roles or become more actively involved in some way. We are all part of Subud, and Subud youth is no exception. Therefore, it is crucial that we connect and participate in different activities.

For this to happen, I believe there needs to be active awareness and effort to connect, communicate, and include Subud youth. It is also very important to understand that young members' needs and interests vary from those of older members. Therefore, there should be fun, safe, and energetic spaces prepared for the needs of younger Subud members to participate actively while still fulfilling their personal needs as individuals discovering who they are in this world.

Youth activities during Congress will include, excursions, sports (football, table tennis, volley, etc.), dance, music, painting, crafts, and much more. There will be many fun games and spaces to enjoy and connect with other Subud youth and members in general.

Additionally, the programme will include a space to talk with the international helpers, conversations with experienced Subud members, spaces for sharing and talking about Subud-related topics, conversations on SYAI's next steps and how to work together with the other wings, helping out with Congress TV, and general encouragement for young members to participate in the general plenary sessions as well as other congress-related activities.

The journey to Congress isn't just about dates on a calendar; it's about dreams becoming possible and having an amazing opportunity to connect to the latihan, our Subud brothers and sisters of all ages, and understand more deeply why Subud is so important.

Miranda Wild
On behalf of SYAI



SCAN THIS QR CODE TO JOIN
THE YOUTH WORLD CONGRESS
WHATSAPP GROUP:

<https://chat.whatsapp.com/CY1n5KFSSOf6IJ8c8uHtmI>

FAMILY PROGRAMME

The World Congress Organising Team (WCOT) has established a dedicated family space in both the Swiss-Belhotel (during days 1-5 and days 10-11) and Rungan Sari (during days 6-9). The space is open for families with children aged 4 to 11 to visit. Children below the age of 4 are welcome, but must be supervised by a parent at all times. Older children are welcome but won't be under the responsibility of our caretakers.

The room will be equipped with various games, and arts and craft supplies. It will also be supervised daily by designated congress staff and local BCU school teachers during congress business hours (9am to 6pm in Palangka, and 9:30am to 5:30pm in Rungan Sari). In addition to the free-play materials set out, these staff members will also run a range of fun activities and games for kids.

The family programme is **free of charge** and the family room is open at all times, however there will be no staff present outside of congress business hours. Should any Subud members require extra supervised childcare outside of these hours, this can be arranged for a separate fee.

For further information, or to be added to an informative mailing list on the programme, please contact the Family Programme Coordinator: Hadrian Pollard - hadrian.pollard@gmail.com



OPENING CEREMONY

The opening ceremony will be held on July 19, 2024 at 4pm in the Swiss-Belhotel's Kahayan Ballroom.

To accommodate all participants and guests, an additional tent outside the foyer will be used.

Interpretation will be available during the opening ceremony for those who need it. You can get your device at one of the interpretation desks near the ballroom entrance. We ask that the seats closest to the interpretation booths are left for those who will be listening to the interpretation to ensure good sound quality for all listeners.

Please note, a congress badge is needed to attend the Opening Ceremony.

BEFORE THE OPENING CEREMONY: FOR SUBUD MEMBERS ONLY

Before the official ceremony begins, Subud members will be invited to watch a subtitled talk by Bapak 70 PAR 1 in the main ballroom.

During this time children and youth will have activities planned and they can join the ceremony with their families at 4 pm.

THE MAIN EVENT

Ibu Ary Sutedja has been working hard to create a unique and special event to commence our World Congress. The event will showcase central Kalimantan's rich Dayak culture and promises to have something for everyone! Some local government officials have been invited as our special guests to join the opening of our congress.

WHAT TO WEAR FOR THE OPENING CEREMONY

As the 19th July will be a public day at the congress venue, members are asked to dress accordingly.

Following the example Bapak set for us during the 1971 World Congress opening ceremony, we will ask those of us who come from countries where national (regional) dress is worn on formal occasions, to wear those clothes if we possess them.

Those of us who come from countries which either do not have such a dress or no longer use it, are asked to dress as we would in our own country if we were attending an official reception.

CONGRESS SCHEDULE

At the time of going to press, the congress programme, including the business components, are still being finalised. The following is a general guide and is subject to change. Please be sure to check the final programme that will be available each day via the Congress WhatsApp Community channel (see page 41 for details of how to join), and on display at the Congress venues.



GENERAL TIMETABLE

These are the general timings for each session. Specific meeting times and locations will be detailed in the daily published programme.

SESSION	SWISS-BELHOTEL	RUNGAN SARI
MORNING	9am to 12pm	9.30am to 12pm
LUNCH BREAK	12pm to 2pm	12pm to 2pm
AFTERNOON	2pm to 6pm	2pm to 5.30pm
DINNER BREAK	6pm to 8pm	5.30pm to 7.30pm
EVENING	8pm to 10pm	7.30pm to 9.30pm

PLENARIES / MEETINGS

Members are welcome to observe all plenary sessions and general meetings, unless it is noted as a 'Closed Session'.

Please note, discussion of the specific WC proposals (#1 - #11) are subject to change and are subject to the time available.

FAMILIES

The family programme will operate during 'whole of Congress activities' such as plenary sessions and kejiwaan days. See page 26 for further details.

The SYAI coordinators are organising a variety of events for young people aged 12 to 16 (or youth not yet opened).

PROJECT VISITS

SDIA have organised visits to local social projects – these will operate on Days 4, 6, 7, 8 and 10.

See pages 44-45 for further details about the projects visits available, and how to book.

HELPERS' DESK

A Helpers' Desk will be available at each of the major venues for arranging personal testing. Duty helpers will be available most days except for the kejiwaan days.

See page 13 for further details.

THURSDAY 18TH JULY

DAY 0



ARRIVALS & REGISTRATION (ALL DAY)

TESTING OF MSF TRUSTEE CANDIDATES (ALL DAY, CLOSED SESSION)

DAY 0 is for congress business only, and not open to observers

- Testing of new Zone Representatives (participating Zones to be confirmed)
- IH latihan with Delegates & KCs

FRIDAY 19TH JULY

DAY 1



- Delegate meeting:** establishing quorum; approval of WC Agenda; and WC proposal #3: WSA Membership
- MSF Board meeting** (closed session)
- Bapak's Talk (70 PAR 1)** video - members only (3pm)
- Opening ceremony** - public (4pm)
- IH latihan & testing with Helpers

SATURDAY 20TH JULY

DAY 2



KEJIWAAN DAY

- Women latihan & testing
- Video talk for men (81 LAX 5)
- Men latihan & testing
- Video talk for women (81 LAX 5)
- IH latihan & testing with the Wings
- Memories of Bapak** – for Youth, open to all

SUNDAY 21ST JULY

DAY 3



- Plenary session:** WSA Chair Report; WC proposal #4: Chair Voting Right; brief address by WSA Chair candidates; and testing for the new WSA Chair.
- Plenary session*:** proposal presentations and testing for the 2028 World Congress location; and WC proposal #8: Year of the next congress.
- Latihan** - women (8pm) men (9pm)

* Testing for MSF Chair and/or WSA Exec reports may be brought forward from Day 5

MONDAY 22ND JULY

DAY 4



- | | | |
|---|--|--|
| <ul style="list-style-type: none"> ◆ Delegate meeting: WC Proposals including proposal #1: Consensus ◆ MSF Board meeting (observers welcome) ◆ WSA Archives working group presentation ◆ International Helpers - testing for new International Helpers (closed session) | <ul style="list-style-type: none"> ◆ Plenary session: Reports from Wings & Affiliates SDIA, SESI, SICA, SIHA, SYAI ◆ Delegate meeting: WC Proposals including Proposal #10: Wings & Affiliates ◆ MSF general presentation | <ul style="list-style-type: none"> ◆ Classical music performances ◆ Zone 3 meeting & testing for new Zone Representative |
|---|--|--|

TUESDAY 23RD JULY

DAY 5



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|--|---|---|
| <ul style="list-style-type: none"> ◆ Plenary session: WSA Executive report; Archives report; History of Subud report; testing for WSA Executive (ISC) Chair | <ul style="list-style-type: none"> ◆ Plenary session: includes WC Proposal #9: WSA Archives; testing for Chairs and Coordinators: MSF, SDIA, SICA, SESI, SIHA and SYAI | <ul style="list-style-type: none"> ◆ Latihan - women (8pm) men (9pm) |
|--|---|---|

WEDNESDAY 24TH JULY

DAY 6



- | | | |
|---|--|--|
| <ul style="list-style-type: none"> ◆ Wings activities at the Subud Village <i>Suggested theme: 'Environment & Sustainability'</i> ◆ Delegate meeting: WC Proposals including #2a: ISC name and #2b: Congress location ◆ International Helpers - testing for new International Helpers (closed session) ◆ MSF Board meeting ◆ Mental Illness, Crisis & the Latihan Working Group presentation | <ul style="list-style-type: none"> ◆ 'The Kalimantan Story' presented by the Wings and Projects | <ul style="list-style-type: none"> ◆ Wings activities at the Subud Village <i>Suggested theme: 'Environment & Sustainability'</i> ◆ Memories of Bapak - videos ◆ SICA presents Music Café |
|---|--|--|

THURSDAY 25TH JULY

DAY 7



- | | | |
|--|--|--|
| <ul style="list-style-type: none"> ◆ Wings activities at the Subud Village <i>Suggested theme: 'Learning, Education & Child Development'</i> ◆ International Helpers - testing for new International Helpers (closed session) ◆ Delegate meeting: WC Proposals including proposal #4: WSA Organisation Structure ◆ MSF presentation & workshop | <ul style="list-style-type: none"> ◆ Wings activities at the Subud Village <i>Suggested theme: 'Learning, Education & Child Development'</i> ◆ International Helpers - testing for new International Helpers (closed session) ◆ Delegate meeting: WC Proposals including proposal #5: Incorporation of WSA in a another country ◆ MSF Board meeting ◆ Borneo Football International Foundation - sports centre opening ceremony (3pm) | <ul style="list-style-type: none"> ◆ Wings activities at the Subud Village <i>Suggested theme: 'Learning, Education & Child Development'</i> ◆ Latihan - women (7:30pm) men (8:30pm) |
|--|--|--|

FRIDAY 26TH JULY

DAY 8



- | | | |
|---|--|--|
| <ul style="list-style-type: none"> ◆ Wings activities at the Subud Village <i>Suggested theme: 'Health, Nutrition & Wellbeing'</i> ◆ International Helpers - testing for new International Helpers (closed session) ◆ MSF Board meeting ◆ Delegate meeting: WC Proposals including proposal #11: Congress topics & proposals ◆ Youth jungle excursion: Klotok trip with Borneo Escape (time TBC) | <ul style="list-style-type: none"> ◆ Wings activities at the Subud Village <i>Suggested theme: 'Health, Nutrition & Wellbeing'</i> ◆ International Helpers - testing for new International Helpers (closed session) ◆ MSF Board meeting ◆ Delegate meeting: WC Proposals including proposals #6: WSA Finances and #7 International Communications ◆ Youth jungle excursion: Forest Race with Borneo Escape ◆ Youth soccer & volley ball tournaments at Borneo Football | <ul style="list-style-type: none"> ◆ Wings activities at the Subud Village <i>Suggested theme: 'Health, Nutrition & Wellbeing'</i> ◆ IH and Youth kejiwaan session ◆ SICA presents 'Peace One Day' performances |
|---|--|--|

SATURDAY 27TH JULY

DAY 9

Rungan Sari



KEJIWAAN DAY

- ◆ Men latihan & testing
- ◆ Ibu Rahayu video talk for women (11 BGZ 1)
- ◆ Women latihan & testing
- ◆ Ibu Rahayu video talk for men (11 BGZ 1)
- ◆ SICA presents Music Café
- ◆ SDIA interviews GHF

NB. On Day 9, lunch begins and finishes 30 minutes later (12.30pm and 2.30pm)

SUNDAY 28TH JULY

DAY 10

Swiss Belhotel



- ◆ Delegate meeting: WC Proposals - agenda to be confirmed
- ◆ International Helpers - testing for new International Helpers (closed session)
- ◆ MSF Board meeting (closed session)
- ◆ Projects & Wings Presentations, including Yayasan Subud
- ◆ General presentations to Congress
- ◆ IH latihan with all candidates tested for IH position followed by meetings of past and new IH
- ◆ Casual entertainment

MONDAY 29TH JULY

DAY 11

Swiss Belhotel



- ◆ Latihan - women (9am) men (10am)
- ◆ Final Plenary Session & recap
- ◆ IH Latihan with all outgoing WSC members
- ◆ Closing Ceremony

TUESDAY 30TH JULY

DEPARTURES



"...A Subud congress is a congress of a spiritual association, which in reality is your worship of Almighty God. So, nothing is more important at a congress than the latihan."

BAPAK MUHAMMAD SUBUH SUMOHADIWIDJOJO
VOL 32 # 14 SKYMONT, VA USA 22, AUGUST 1970. CODE 70 SKY 8.



PRACTICAL INFORMATION

Useful information to help make your congress experience go smoothly!

CONGRESS BADGES

CONGRESS TRANSPORTATION SERVICE

VENUE MAPS - SWISS-BELHOTEL & RUNGAN SARI

FOOD & DRINKS

CONGRESS INFORMATION & MERCHANDISE DESK

COMMUNICATION

IMPORTANT NOTICES

CONGRESS BADGES

Your congress badge is essential for an enjoyable experience. It includes your name, nationality, registration code, and whether you are open in Subud. Our Congress Organising Team, along with our support staff such as bus drivers, security, and venue hosts, will use these badges to ensure a smooth congress experience for all.

Please wear your badge from arrival until departure.

Access to venues, buses, and kejiwaan activities - such as latihan, talks, and testing- will be granted based on your congress badge, so always keep it with you to avoid any inconvenience.

If you lose your badge, please visit the Information Desk for a replacement.



CONGRESS TRANSPORTATION SERVICE

We are pleased to provide a convenient and reliable bus transportation service for all congress participants. This service is designed to help you easily travel between your accommodation and the main congress venues. Here's what you need to know about our transportation service:

BUS ROUTE AND SCHEDULE



The buses will operate similarly to a public transportation system, following a specific route and schedule.

We have established a total of 8 bus stops located at the two main venues – Swiss-Belhotel and Rungan Sari – and selected hotels: Best Western, Bahalap, Asrama Haji, Luwansa, Fovere, and Neo Palma.

We have assigned a congress transportation volunteer at each of the bus stops to facilitate logistics. Our volunteers are there to ensure smooth operations and to help you with any questions or concerns.

We kindly ask all participants to be on time if they wish to ride the congress buses. The buses will operate on a strict schedule to ensure timely transportation for everyone.

DAILY SCHEDULE

Morning route: Buses will run a morning route to transport participants from their hotels to the corresponding venue for that day's events.

Evening routes: There will be two evening routes. The first will depart after dinner, and the second will depart after the evening events, bringing participants back to their hotels.

To ensure minimal travel times, these main bus routes will be direct.

Additional Loop: An additional bus loop will run in the middle of the day. This midday route will cover several of the selected congress bus stops, offering flexibility for participants who may need to travel at different times.

SCHEDULE INFORMATION

Detailed daily bus schedules will be posted in each hotel and shared widely through our Congress WhatsApp Community announcements. Please make sure to check these schedules regularly to stay informed.

ALTERNATIVE TRANSPORTATION

If you miss the bus, don't worry! You can arrange your own transportation with the support of the hotel concierge or by using one of the local ride-hailing apps such as Gojek or Grab.

We hope this transportation service helps make your congress experience more enjoyable and stress-free.

SWISS-BELHOTEL VENUE MAP

DINING AREAS

- 1. Dining Lobby***
- 2. Outdoor Dining***
- 3. Cafe Dining***
- 4. Food Vendors

***Congress Meal Plans

REAR GROUND

- 5. Outdoor Open Tent
- 6. Exhibition
- 7. Backstage
- 8. Gym
- 9. Interpretation
- 10. Kahayan 1
- 11. Kahayan 2
- 12. Kahayan 3
- 13. Lift 1
- 14. Lift 2

FRONT GROUND

- 15. Performance Stage
- 16. Social Area 1
- 17. Social Area 2
- 18. Family Room
- 19. Hotel Front Desk

BASEMENT LEVEL

- 19. Manuhing 1
- 20. Manuhing 2
- 21. Manuhing 3
- 22. Sebangau 1
- 23. Sebangau 2
- 24. Sebangau 3
- 25. Sebangau 4
- 26. Sebangau 5

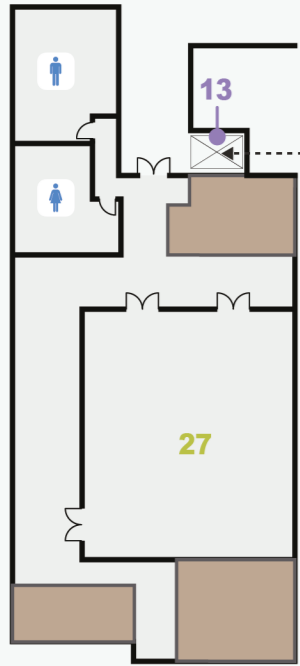
SECOND LEVEL

- 27. Sebangau 6

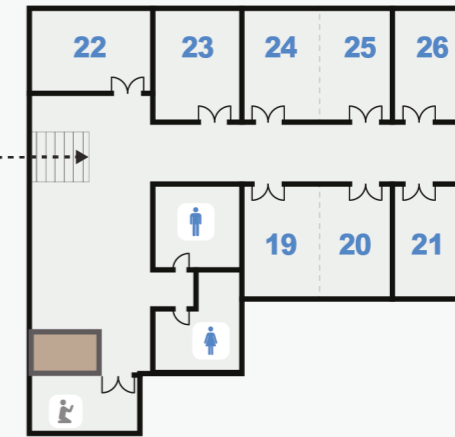
- Latihan
- Non-Programme Area
- Toilets
- Prayer Room
- Food
- Physical Program
- Information
- Bus Drop-Off/Pick-Up
- Sick Bay**
- Parking

THIRD LEVEL

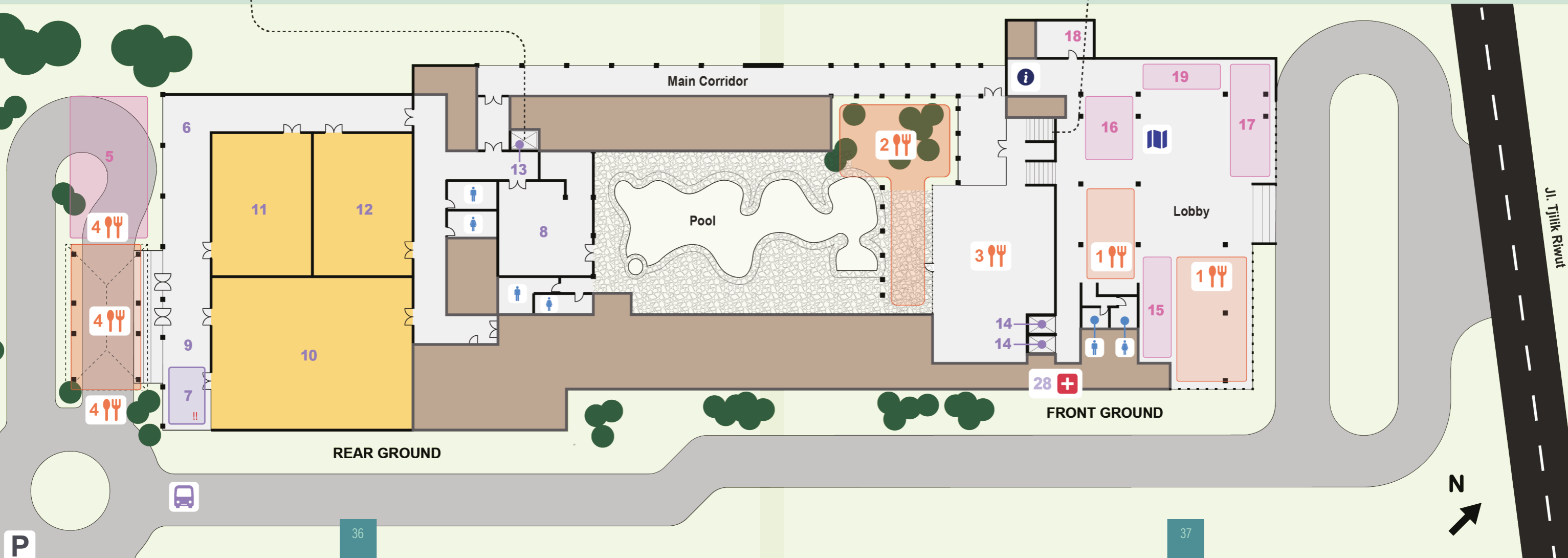
- 28. Sick Bay *Access via Lift 2***



SECOND LEVEL



BASEMENT LEVEL



REAR GROUND

FRONT GROUND

RUNGAN SARI VENUE MAP

Borneo Football Sports and Recreation Facilities



1. Restaurant***
 2. Bazaar: Food Stalls & Shops
 3. Susila Dharma Indonesia's Rumah Peduli / Open Kitchen
 - 4A. Cafeteria
 - 4B. BCU School: Canteen
 5. Kedungjati Cafe
 6. MSC Cafe
 7. Rungan Sari Resort
 8. Long House Accommodation
 9. Diamond River Ranch Accommodation
 10. Ecovillage
 11. Borneo Dormitories Accommodation
 12. Rungan Sari Resort Meeting Rooms
 13. Large Marquee: General Latihan / Kejiwaan / Dining / Social Areas
 14. Lusitano Hall: Delegates
 15. Rungan Sari Hall
 16. Wing's Marquees: Meetings, Presentations, Workshops
 17. BCU School: Helper's Desk, Meeting Rooms
 18. MSF Meeting Room
 19. Helpers' Desk
 20. Subud Archives Exhibition Room
 21. River Village: Youth Hub
 22. BCU School: Family Programme
 24. Stage, Pool & Tennis
 25. Rungan Sari Sports Area
 26. Kalimantan Hall: Indoor Sports Activities, Multipurpose Activities & Entertainment
 27. Borneo Football Association Sports & Recreation Facilities
- ***Congress Meal Plans (Pre-Paid Meals)

- Latihan
- Toilets
- Food
- Water Station
- Bus Drop-Off/Pick-Up
- Sick Bay
- Parking

- Programme Building
- Non-Programme Building
- Roads
- Walking Paths
- JI. Tjilik Riwut Road



FOOD & DRINK

CONGRESS MEAL PLANS

The Swiss-Belhotel Meal Plan and the Rungan Sari Meal Plan run on different days – each plan is designed to cover the days when the congress is at that specific venue.

The buffet meals at the Swiss-Belhotel venue will be served in the main lobby, the restaurant and outdoor dining areas by the pool. In Rungan Sari, buffet meals will be served in the Rungan Sari Resort's restaurant and dining areas, and in the large marquee.

Note: Congress meal plans had to be pre-ordered as part of your registration and are not available for purchase on site during the days of the congress.

MEAL TICKET DONATIONS

If you do not wish to use one of your meal tickets on any of the congress days, you can donate it at the Information Desk.

We welcome Subud members who need it, to please visit the Information Desk to accept a meal ticket donated by a fellow congress attendee.

FOOD BAZAAR

We also have a selection of food vendors at each of the venues for those who did not pre-purchase meal plans.

At the Swiss-Belhotel, the food bazaar is located outside, near the Kahayan meeting rooms (the main ballroom). Food purchased outside of the hotel (including at the food bazaar) cannot be brought into the hotel without incurring a fee from the hotel operators. Any food purchased externally can be enjoyed in the marquee right outside the Kahayan meeting rooms. You can choose to eat your meal in the air-conditioned area or if you prefer, outdoors.

At Rungan Sari, the main food bazaar will be located near the large marquee. Food purchased from any of these vendors can be enjoyed in the air-conditioned marquee where the buffet meals will be served, or in any of the outdoor areas if you prefer.

The BCU School Kitchen, Borneo Escape's café at Kedung Jati (on the bridge), and the café at the Muhammad Subuh Centre, will also be offering delicious meals within Rungan Sari. In the nearby surrounding areas, you may also wish to explore three of our Subud enterprises: Kedai Itah located in Suka Mulia (the neighbourhood just across the street from Rungan Sari), Dapur Itah located in Mulia Land at km 37, and for night owls, Atma Coffee located in Bali Village at km 35 is open from 6pm to 10pm.

CONGRESS INFORMATION & MERCHANDISE DESK

The Congress Information Desk will be open every day during specific hours to assist you with any general questions you may have about the congress.

Opening hours will be announced daily through the Congress WhatsApp Community chat as well as displayed directly on the Information Desk. Members who have questions, who haven't registered yet and wish to do so, or who have lost their name badge and need a replacement, are welcome to stop by.

The information desk is also conveniently hosted in partnership with the congress merchandise team. Merchandise production for this World Congress is part of Subud Youth Indonesia's (SYI) fundraising efforts to support youth participation at congress. So, come by to get your congress souvenir and support SYI!



**Pro tip: If you need a water bottle or hat, visit our merchandise desk!*

COMMUNICATION



JOIN THE CONGRESS WHATSAPP COMMUNITY

At Congress, the primary method of communicating the daily agenda will be through WhatsApp.

The WCOT have established a Congress WhatsApp Community announcement channel where we'll be posting Congress related information as well as the daily Congress Programme.

The Congress WhatsApp Community is now open to members attending the congress and we invite you to join the community ASAP!

Here is what you need to do:

1. If you are not already a WhatsApp user, download the app and enable it on your phone.
2. Once downloaded, open WhatsApp and scan the QR code or click on the link shown here to join the World Congress Community: <https://chat.whatsapp.com/Clr8sMa804f66e6sJOUfhk>
3. Once you are in the community, watch out for content and updates!



It is a feature of WhatsApp communities that members can't see anything posted before they joined – so please join as soon as possible and make sure you stay informed throughout the Congress!

For members who do not have access to WhatsApp, there will be additional ways of keeping up to date with the programme as well. We will have the daily programme on display in the main lobby both at the Swiss-Belhotel and at Rungan Sari Resort. You can also visit our Congress Information Desk to find out the day's activities.

SHARE ALL YOUR FAVOURITE CONGRESS MOMENTS AND EXPERIENCES!

Get creative! Post your creative content from photos, videos, spoofs, skits, performances and more on Instagram, Facebook and Youtube!

Use the hashtag #Kali24 to share all your favourite congress moments!

TAG US!



Facebook:
[@SubudWorldCongressKalimantan](https://www.facebook.com/SubudWorldCongressKalimantan)



Instagram:
[@subudworldcongress](https://www.instagram.com/subudworldcongress)

By using the same hashtag, we will be able to collect our joint experiences in one place and create a rich kaleidoscope of all our best moments at the congress!

IMPORTANT NOTICES

POLICE & IMMIGRATION REGISTRATION

According to Indonesian police and immigration regulations, it is compulsory for foreigners to report to the local police and immigration departments upon their arrival in the country. However, these formalities will be attended to by the organising committee. Therefore, you are requested to show your passport and visa to our team upon arrival at Tjilik Riwut Airport in Palangka Raya. They will make a copy of your documents and submit the report to the police and immigration authorities.

If you do not wish to be included in our report to the corresponding authorities, you will need to report yourself independently. Failure to report yourself as a visitor may result in deportation.

CONGRESS AND HOTEL STAFF

As we gather for the Subud World Congress, it is essential to remember that we are being hosted by a diverse team. Our local hosts bring a rich tapestry of cultures and traditions to this event. Many staff members supporting the congress may come from nearby communities and may not be accustomed to international hospitality practices.

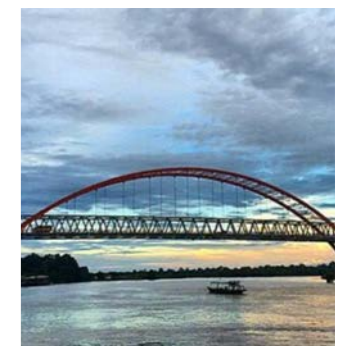
Let's embrace the unique cultural experiences Kalimantan offers. What we consider common practices in hotels might differ here. These variations are simply a reflection of this country's rich heritage. We kindly ask for your understanding and openness as you interact with our wonderful staff.

English is not the primary language, but our host's willingness to assist creates a welcoming environment for all. Your cultural awareness will go a long way in fostering a harmonious and positive experience for everyone.

RESPONSIBILITY FOR PERSONAL BELONGINGS

Please be advised that all participants are responsible for their own personal belongings, including but not limited to phones, wallets, and cash, throughout the duration of the congress. The organising committee and event staff cannot be held liable for any loss, theft, or damage to personal items. We strongly recommend that you keep your belongings secure and with you at all times. In case of any incidents, please report to the designated security personnel immediately.

TOURS & FUN ACTIVITIES

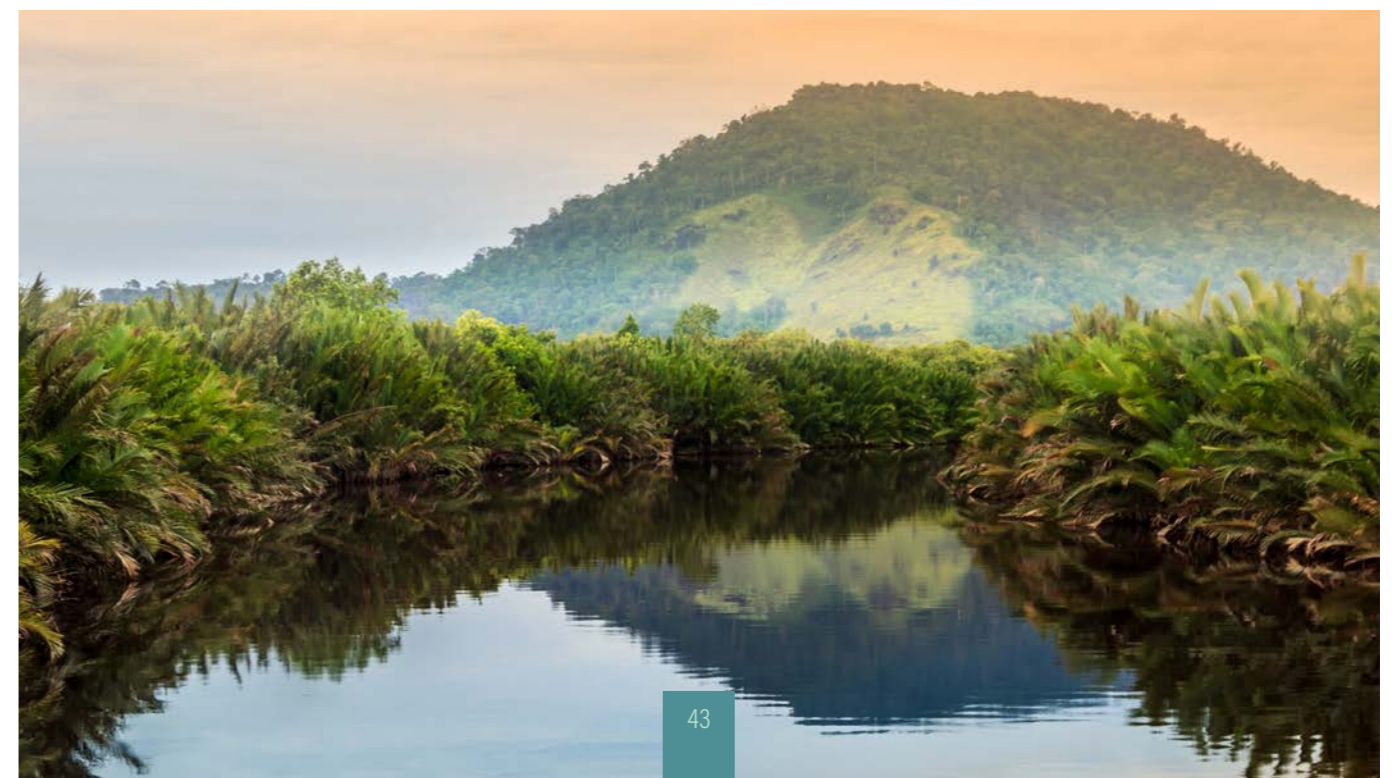
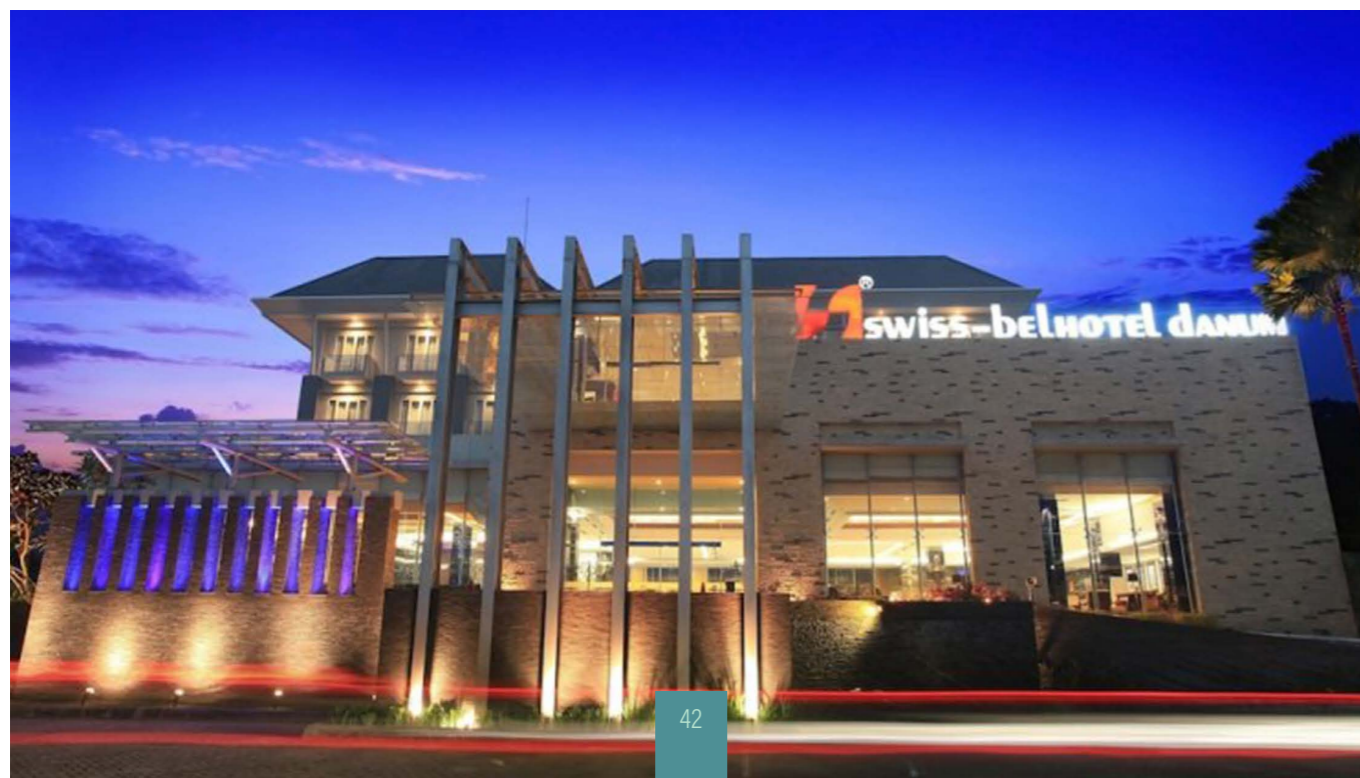


PALANGKA RAYA, CAPITAL CITY OF CENTRAL KALIMANTAN

Palangka Raya, the capital of Central Kalimantan, is a vibrant city known for its rich cultural heritage and natural landscapes. The city offers a variety of tours and fun activities that showcase the region's unique traditions and stunning scenery. Visitors can embark on river cruises along the Kahayan River, exploring traditional Dayak villages and observing local wildlife, including the famous orangutans at the Nyaru Menteng Rehabilitation Centre. The city is also home to the Sebangau National Park, a vast peat swamp forest that is ideal for trekking and bird-watching.

For a unique cultural experience, tourists can participate in traditional dances and crafts workshops, or visit the Balanga Museum to learn about Dayak history and culture. Palangka Raya's blend of nature, culture, and adventure makes it a fascinating destination for travellers.

If you are interested in exploring what Kalimantan has to offer, we recommend you check out the options of the SDIA guided project visits, and local tour companies run by Subud members, Wow Borneo and Borneo Escapes. See overleaf for further information.



SDIA PROJECT VISITS

GUIDED TOURS AVAILABLE

In Kalimantan, there is much to see and do and to participate in a visit to a Susila Dharma social project - learning first-hand from the Subud members that are providing education, nutrition, healthcare, and improved livelihoods for local communities while caring for the natural environment - is one of the most inspiring and uplifting ways to learn about the place you are visiting.

Let us help you make the most of your Kalimantan journey by welcoming you on one or more amazing project visits.

We have seven fascinating guided tours for you to choose from:

BINA CITA UTAMA (BCU) A STANDARD-SETTING SUBUD SCHOOL



If you are interested in education, this is a great tour for you. Learn how Subud members started a school in the heart of Rungan Sari for their own children which has gone on to set the standard at the provincial level for bilingual, multicultural education.

Tour duration: 1 hour (plus travel)

Cost: USD 16.50

Tour dates: 22, 24 and 26 July

BORNEO FOOTBALL INTERNATIONAL ACADEMY LEVERAGES THE JOY OF SPORT



For football lovers and those interested in sport as a tool for social change, this visit is for you! BFIA improves the quality of life of disadvantaged children by combining Football, Education, and Health & Nutrition. You will also get to see their great new sports facilities, unique in Central Kalimantan.

Tour duration: 1 hour (plus travel)

Cost: USD 16.50

Tour dates: 22, 24, 26 and 28 July

RANSEL BUKU BRINGS BOOKS ON BOATS TO DAYAK CHILDREN



Visit the project that is working to advance literacy and learning in Indigenous Dayak communities through Village Learning Centres and "floating libraries", and enjoy traditional Dayak dance and music.

Tour duration: 1 hour (plus travel)

Cost: USD 27.50

Tour dates: 22 July

YAYASAN PERMAKULTUR KALIMANTAN (YPK) SHARES PERMACULTURE AND THE BEST BROWNIES IN BORNEO



Visit YPK to experience amazing permaculture plots, learn about permaculture principles and how they successfully trained local farmers and community leaders using this eco-friendly approach. Don't miss the opportunity to taste the best brownies in Borneo, made with natural, eco-friendly ingredients, and hang at the YPK café!

Tour duration: 1 hour (plus travel)

Cost: USD 5.50

Tour dates: 26 July

YAYASAN USAHA MULIA (YUM) VISIT THE AGRO-FORESTRY DEMONSTRATION PLOTS AND VOCATIONAL TRAINING CENTRE



See how YUM is building skills for environmentally sustainable agroforestry, learn about the causes and consequences of stunting and efforts to prevent it among mothers and children aged 0-3. Visit YUM's Vocational Training Centre. This action-packed tour will give you insight into the past, present, and future of central Kalimantan, the "lungs of the World".

Tour duration: 1 hour (plus travel)

Cost: USD 16.50

Tour dates: 22, 24, 26 and 28 July

YAYASAN TAMBUIHAK SINTA (YTS) SUPPORT TO VILLAGE LIVELIHOODS AND PLANNING (2 POSSIBLE VISITS)



Created by Kalimantan Gold Corporation to help Dayak communities develop their ability to manage resource revenues, YTS helps local communities and governments approach rural development in a productive, sustainable, and equitable way. Visit the fields and fish farms that generate sustainable livelihoods for local farmers in Bukit Batu, taste the products that they have produced, and get to know life in Kalimantan from their point of view; and/or take the full day visit to Pilang Village to understand YTS work in a more remote area.

Tour duration: Bukit Batu - 1 hour (plus travel); Pilang Village - 5 to 6 hours (including travel).

Cost: Bukit Batu - USD 16.50; Pilang - USD 27.50

Tour dates: Bukit Batu - 24 & 26 July;

Pilang Village - 28 July

BOOK YOUR PLACE NOW!

SPACES ARE LIMITED

Booking your project visits in advance allows us to plan for the right size and number of buses and help projects prepare to receive you. All spaces are on a first-come-first-served basis and are limited.

To book now or to learn more go to:

<https://susiladharm.org/project-visits-landing-page/>

If you want to visit but do not have a payment method or cannot afford the cost, please contact us at visits@susiladharm.org.

We are looking forward to welcoming you on your Kalimantan journey!



Discover the natural wonders of the famous Tanjung Puting and Sebangau Orangutan National Parks from the comfort of Wow Borneo's luxurious locally built vessels.

Relax on board while navigating the majestic rivers of Central Kalimantan while observing wildlife and Dayak culture. With comfortable cabins, delicious food, and great service, the cruises range from 3 days/2 nights to 7 days/6 nights. Each cruise benefits local communities and foundations, offering an exclusive and unique experience away from the crowds.

Easily accessible from Palangka Raya, Wow Borneo's orangutan cruises are a perfect post-congress activity for Subud members attending the World Congress.

For more information, please visit <https://wowborneo.com/>



Escape the hustle and bustle of daily life and immerse yourself in the serene beauty of Kalimantan, Borneo's tropical paradise, with Borneo Escape.

Renowned for its lush rainforests, majestic orangutans, and vibrant Dayak culture, our unique experiential packages offer Subud members a chance to reconnect with nature and themselves. Engage in forest explorations, cycling adventures, river discoveries by klotok boat and paddle board, and night forest treks with campfire stories.

Borneo Escape's dedicated team of environmentalists, naturalists, and multilingual staff ensure a safe, enriching, and unforgettable experience, promoting awareness of Kalimantan's fragile ecosystem and the Dayak community's cultural heritage. Join them at the World Congress for a journey that revives the heart, mind, body, and spirit.

For more information, please visit <https://www.borneoescape.net/>



HEALTH & SAFETY

DRINKING WATER

During your stay in Kalimantan, avoid drinking tap water. Opt for bottled or filtered water from trusted sources to prevent water-borne illnesses. Additionally, remember to use bottled water for brushing teeth and refrain from consuming ice made from tap water. Keep in mind to always wash your hands before meals.



We will have water stations throughout both of the congress venues. Look for the icon on the congress maps.

HEALTH TIPS

STAY HYDRATED

It's essential to maintain proper hydration in Kalimantan given the high temperatures and humidity levels. Adequate fluid intake helps regulate body temperature, supports bodily functions, and reduces the risk of heat-related illnesses like dehydration, heat exhaustion and heat stroke. Convenient water stations are available at Swiss-Belhotel and Rungan Sari for drinking water and refilling your bottles. Look out for the signs guiding you to these water stations.



Early signs of dehydration are thirst, dry mouth and lips and headache. If you experience any of these symptoms, look for a cool place and drink replenishing fluids.

MOSQUITO PROTECTION

Use insect repellent and wear long sleeves to guard against mosquito bites, reducing the risk of diseases such as dengue fever and malaria. These precautions are especially crucial when in Rungan Sari or venturing into the forest.

SUN PROTECTION



To protect yourself from the intense tropical sun, try to remain indoors during the hottest hours of the day (11:30am to 3:30pm) and use sunscreen and/or a hat when outdoors.

FOOD SAFETY



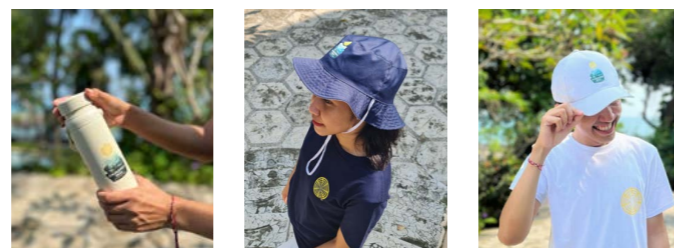
Try to eat at recommended locations and avoid street food, raw and undercooked foods to reduce the risk of food-borne illnesses.

STAY COOL AND RESTED AT OUR DEDICATED REST AREA

We have prepared a dedicated, air-conditioned rest area for our members during the congress days at Rungan Sari. This space is located at the western end of the large marquee.

Rungan Sari is a vast and beautiful venue with much to explore outdoors. To ensure you can fully enjoy the congress without feeling overwhelmed by the heat, we have prepared this space for you to cool off and take care of your health.

Remember, heat exhaustion and dehydration can happen quickly in the hot and humid environment here. Please visit the rest area as often as you need, and make sure to stay hydrated throughout the day. Your wellbeing is our priority, and we hope this space helps you feel comfortable and refreshed.



**Pro tip: If you need a water bottle or hat, visit our merchandise desk!*

SICK BAYS



Each of the venues will have a designated sick bay. These are indicated in our venue maps with this icon. The sick bays are designed as first aid areas.

In case of a medical emergency, we also have ambulances on standby to take you to the nearest hospital.

NEARBY HOSPITALS

BETANG PABELUM HOSPITAL

Address: Jl. Tjilik Riwut No.5 km 6, Bukit Tunggul, Kec. Jekan Raya, Kota Palangka Raya, Kalimantan Tengah 74874, Indonesia

Hours: Open 24 hours

Phone: +62 1 500 007

*Distance from Rungan Sari: 29.4km
Distance from Swiss-Belhotel: 1.6 km*

DORIS SYLVANUS REGIONAL GENERAL HOSPITAL

Address: Jl. Tambun Bungai No.04, Langkai, Kec. Pahandut, Kota Palangka Raya, Kalimantan Tengah 73111, Indonesia

Hours: Mon-Thu, Sat 7 AM-11AM, Fri 7 AM-9:30AM, Closed on Sundays

Phone: +62 811-5230-044

*Distance from Rungan Sari: 36.9km
Distance from Swiss-Belhotel: 6.2 km*

HEALTH CENTRES

Please be aware that while Palangka Raya's hospitals accept international insurances, coverage is not automatic. When seeking medical treatment, you'll need to pay at the hospital upfront. Afterwards, obtain proof of payment and your medical records, which you can then use to file a claim with your insurance company.

SILOAM HOSPITAL

Address: KM 4, Jl. RTA Milono No.425, Langkai, Kec. Pahandut, Kota Palangka Raya, Kalimantan Tengah 73111, Indonesia

Hours: Open 24 hours

Phone: +62 536 8001100

*Distance from Rungan Sari: 40km
Distance from Swiss-Belhotel: 9.4km*

SAFETY TIPS

WALKING

In general Palangka Raya is a very safe city and the people are very friendly. However, the city's infrastructure is not extensively designed for pedestrians at this time, so sidewalks are not always available. Additionally, transit laws differ from some western countries where pedestrians have the right of way, so you must be careful of traffic when walking around and crossing the streets, even at zebra crossings.

Please be careful when walking as many places have unmarked steps and uneven surfaces, even indoors. Some streets have potholes, uneven sidewalks and open drainage ditches that could be a hazard for inattentive pedestrians.

DRIVING, CAR AND MOTORBIKE RENTALS

While driving in Palangka Raya may initially appear straightforward, it requires careful attention and understanding of local road rules. The traffic culture involves frequent right-of-way challenges, sudden lane changes, difficult overtaking, and varying speeds, especially with numerous motorbikes often carrying entire families on the roads.

Given the potential for serious accidents and personal injuries, the WCOT strongly advises that when renting a car, it includes a driver. This can help avoid liability issues and ensure everyone's safety.

Furthermore, we strongly discourage renting motorbikes and scooters while in Kalimantan. While common in other islands like Bali, the risk of accidents here is notably higher due to high speeds, narrow roads, and unpredictability. Opting for alternative modes of transportation can significantly reduce the likelihood of accidents and ensure a safer stay.

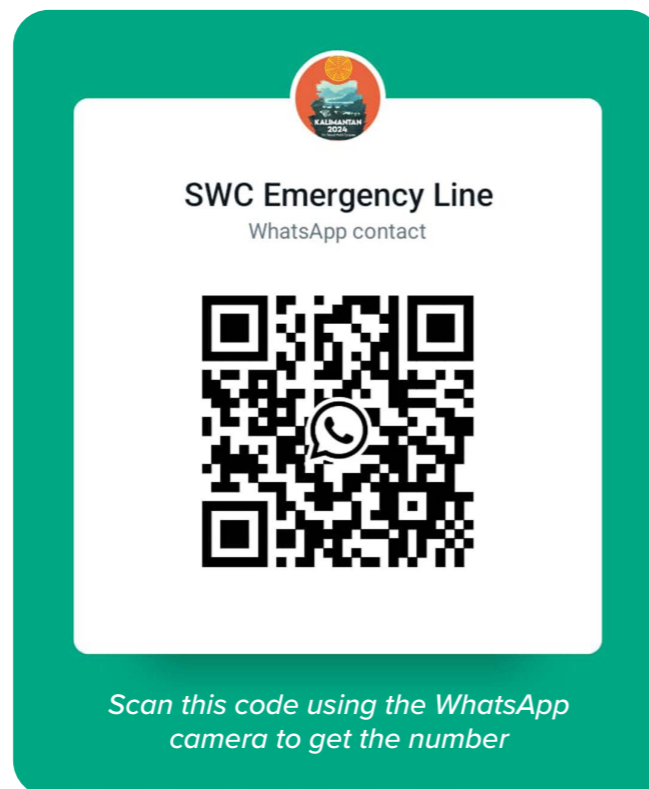
EMERGENCIES

In case of emergencies, you can contact this number to get support from someone in the congress organising team:



Please save this number in your contacts so that you have it on hand if you need it.

Please note that we have assigned this dedicated number for emergencies only. Do not use it for general or personal questions.



“May this congress be a facilitator for positive change, unity, and a platform for the development of Subud in the world.”

SUYONO SUMOHADIWIDJOJO
WSA EXECUTIVE CHAIR

RUSDI BUSTILLO
WCOT COORDINATOR

